



SUNDAY, 4 AUGUST 2024 PARISH of Ss PETER AND PAUL, KIAMA

*Incorporating the Church Communities of
St Mary Star of the Sea, Gerringong; St Matthew's, Jamberoo;
and Ss Peter & Paul, Kiama.*

Next Weekend's Mass Times – 10/11 August 2024

Ss Peter and Paul, Kiama – Vigil 6:00pm; Sunday 8:00am and 5:00pm

St Mary Star of the Sea Gerringong and St Matthew's Jamberoo – Sunday 9:30am

Parish Priest: Father Chris Roberts

Presbytery: 94 Manning Street, Kiama **Parish Office:** 96 Manning Street (PO Box 299), Kiama

Parish Secretary: Louise Cobby **Office Hours:** 9am - 1pm (Tues to Thurs); 9am - 4pm (Fri)

Phone: (02) 4232 2081 **Email:** kiama@dow.org.au **Web:** www.kiamacatholicchurch.com.au



SS PETER AND PAUL PRIMARY SCHOOL: 98 Manning St, (PO Box 248) Kiama

Web: www.ssppdow.catholic.edu.au **Principal:** Peter Michael **Admin Officer:** Liz Brown

Ph: (02) 4232 2442 **Fax:** (02) 4232 1064 **Email:** info@ssppdow.catholic.edu.au

WEEKDAY MASSES - KIAMA

Tuesday	6/8	5:00pm	<i>The Transfiguration of the Lord</i>
Wednesday	7/8	8:00am	
Thursday	8/8	8:00am	<i>St Mary of the Cross</i>
Friday	9/8	9:30am	

RECONCILIATION: Ss Peter and Paul Kiama
Every Saturday: 8:30am – 9:00am (except Easter Saturday)
Monthly: first Saturday, 5:00pm – 5:30pm.

WEDDINGS AND FUNERALS: by arrangement.

BAPTISMS: Kiama – 2nd, 3rd & 4th Sundays of the month. Contact the Parish Office to book.

COUNTER'S ROSTER:

4 August: Group 2 – Irene Cook

11 August: Group 3 – Vonnie Gee

REFLECTION BY FR MICHAEL TATE

WHO CAN SATISFY HUMAN APPETITES?

Some religions, and even strands of Catholicism, try to suppress appetites in order to achieve some 'out-of-this-world' liberation. But appetites are good things, telling us what we humans need as bodily, social, spiritual beings. They provide a reality check against our tendency to think that salvation is exclusively about the soul.

Our appetites for food and drink, for affection and companionship, for the truth about the Big Picture of our life journey, need to be satisfied or we disintegrate in various ways.

Our Lord Jesus Christ proclaims in today's Gospel that He is the total satisfaction of our deepest human appetites: 'I am the Bread from Heaven which gives life to the world.'

That 'Life' is nothing less than participation in Divine Life, existing in the Big Picture in the way God

intended. That is the nourishment offered not to a particular tribe or ethnic group, but to the whole of humanity, indeed to the whole of creation.

We could take a moment to pray for faith to recognise that the bread brought up at the Offertory is truly transformed: no longer short term food like manna in the desert, but 'the Bread of Life', the Real Presence of the One who nourishes our humanity, indeed who gives Life *to the world*.



LIVING THE GOSPEL

The Body of Christ

Christ is present in the Eucharist in many forms: in the people gathered; in the celebrating priest; in the Word proclaimed; and in the consecrated bread and wine – the Body and Blood of Christ. In relation to receiving Christ through the reception of communion, St Augustine wrote, 'Be what you see, and receive what you are.' We not only receive the Body of Christ through Eucharist, we are called to be the Body of Christ because of what we have received; and we receive the Body of Christ because we are already part of the Body of Christ.

PARISH NOTICES

We would like to respectfully acknowledge the Wadi Wadi people of the Dharawal nation, who are the Traditional Custodians and First Peoples of the lands on which we worship.

AS A PARISH WE OFFER OUR PRAYERS FOR:

Those who are sick:

John Petschler; Donna Russell; Karen Davenport; Bob Barabach; Joe O'Neill; All sick parishioners and sick relatives and friends of parishioners.

Anniversaries:

Elizabeth Donoghue; David Yates; Fr Ronald Donoghue; Elsie Weston; Ray Bartley; Warren Beecham; Alma Ellison; Pat Green; Peter Kells; the Holy Souls in Purgatory and all parishioners whose anniversaries occur at this time.

Recently Deceased:

Bernard Wakim; Barbara Murphy; Lynnette Prestage; Graham Ottey; Fr Pat Kenna; Mary Newn; All recently deceased friends and relatives of parishioners.

Eternal rest grant unto them O Lord and let perpetual light shine upon them. May they rest in peace. Amen.

GERRINGONG MEMORIAL GARDEN



Spaces are available to purchase in the Memorial Garden at St Mary Star of the Sea, Gerringong for the interment of ashes, or for memorial plaques on the Memorial Wall. **Please note: spaces in the Memorial Garden are available to both Catholics and non-Catholics.** If you would like further information, please contact the Parish Office on 4232 2081 or email kiamo@dow.org.au

HOME COMMUNION VISITS

If anyone knows of someone who would like to receive Communion at home because of illness or frailty, please contact Sr Maureen on 0427 941 855. We have a team of very compassionate and dedicated people.

ADORATION AND HOLY HOUR

* **Every Saturday** - 8:00am to 9:00am, Ss Peter and Paul Church, **Kiama**. The hour includes Exposition of the Blessed Sacrament, Perpetual Succour Novena, Rosary and Divine Mercy Chaplet.

* **Every Monday** - 3:00pm – 4:00pm, St Mary Star of the Sea Church, **Gerringong**. An invitation to all, to step into one hour of silent adoration in front of the Blessed Sacrament.

All are welcome to attend.



PARISH PLAYGROUP

Ss Peter and Paul Parish Hall, Kiama
Wednesdays, 9:00am – 11:30am.

Term 3 – 7 & 21 August, 4 & 18 September.

For further details please contact Susie Hartley on 0438 377 292.

SVDP HELP CENTRE

**Mondays – 4.00pm to 5.00pm
(excluding public holidays)**

SVDP Kiama Conference operates a Help Centre in the Parish Meeting Room, Kiama, for those seeking assistance. People seeking assistance must phone for an appointment.

**Calls and texts are taken from 12:00pm each Monday only.
Please phone 0402 518 377.**

Current income statements and ID are required.

** If you are interested in becoming a volunteer, new members are always welcome to join the team. All enquiries can be made through the Parish Office.*

PLEASE HELP SUPPORT US THROUGH PARISH GIVING

If you would like to help support our Parish, either through a one-off donation or via regular giving, please visit <https://www.dow.org.au/giving2/> for access to the different ways to give, including wills and bequests. Alternatively, you can donate to a specific collection via our bank details below:

* FIRST COLLECTION

(supporting our priests)

Account name: Kiama Presbytery;
BSB: 066711; **Account number:** 002126

* SECOND COLLECTION

(supporting our Parish)

Account name: Kiama Parish;
BSB: 066711; **Account number:** 001774

SACRAMENTS 2024

Information for the 2024 Sacramental Program can be found on the Parish website. For details visit www.kiamacatholicchurch.com.au/sacramental-program. Enrolment forms are to be completed online via the website and enrolments close on the following dates:

* **First Reconciliation** – *Enrolments closed.*

* **First Holy Communion** – 20 September

* **Confirmation** – *Completed for 2024.*

SILVER CIRCLE WINNERS

Week 2

Congratulations to the following winners of this week's Silver Circle:

1st – Michael Brady (#25)

2nd – John Howell (#45)

3rd – Colleen Rae (#24)

GERRINGONG QUARTERLY MEETING

The next Quarterly Meeting for St Mary's Gerringong will be held after the 9:30am Mass this Sunday, 4 August in St Mary's Meeting Room. All welcome.

CATHOLIC WOMEN'S LEAGUE

Next open meeting Wednesday, 7 August at 2:15pm for 2:30pm start in Ss Peter & Paul Meeting Room.

FIRST RECONCILIATION 2024

A reminder to all parents and guardians who have enrolled their children in First Reconciliation for 2024 – the Parent Information Nights will be held in Ss Peter and Paul Church at 7:00pm on Tuesday, 6 August and Thursday, 8 August. Attendance at one evening is compulsory and only one parent or guardian needs to attend. Children do not need to attend.

ASSUMPTION MASSES

14/15 August

Masses for the Assumption, a holy day of obligation, will be as follows:

* **Wednesday, 14 August:** Kiama 6:00pm Vigil Mass

* **Thursday, 15 August:** Kiama 9:30am

* **Thursday, 15 August:** Gerringong 5:00pm

NB: The 8:00am Mass on Wednesday, 14 August will still go ahead, but the 8:00am Mass on Thursday, 15 August will be cancelled.

SAVE THE DATE

**Ss Peter and Paul School Family Mass
Sunday 18 August at 5:00pm.**

All staff, families and friends of our school community are invited. You will have the opportunity to enjoy the beautiful singing of our school choir during the Mass.

JOIN US AND BECOME A CATECHIST!

You are invited and encouraged to continue Jesus' work as missionary disciples and bearers of God's love in our communities by becoming an SRE Catechist in our Parish. Catechists are oftentimes the only person in a child's life to talk with them about God and His unconditional love for them and to pray with them. **There is an opportunity to complete Catechist training on Zoom commencing Monday, 19 August. If you have been wondering about being an SRE Catechist and are still at the enquiry stage, then this is the perfect opportunity to find out more about why we teach and what we teach. It is a chance to "Come and See" what the ministry is about, prior to making a decision about participating in the Ministry.** For more information, please call Gai on 0401 468 209.

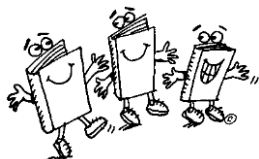
NEW RANGE OF INSPIRATIONAL CDS

Check out our new range of Inspirational CDs located in the white stand at the back of Ss Peter & Paul Church and be inspired! Only \$5 per CD.



If you can spare a couple of hours on Saturday, 10 August to help out at a Bunnings BBQ fundraiser for KBECET please call Gai on 0401 468 209.

ST MATTHEW'S BOOK FAIR



St Matthew's Book Fair will be held on Sunday, 27 October. Times will be provided closer to the date. **If you have any books you would like to donate, please contact Helen on 0429 463 745 or leave them in the grotto at St Matthew's.**

FREE TECHNOLOGY TRAINING FOR SENIORS

CatholicCare and Catholic Education will be holding free technology training at St John the Evangelist High School in September. Seniors can bring their phone, laptop or tablet and students from St John's Catholic High School will assist with tasks such as downloading apps, sending messages, google maps and much more. The sessions will be held over 4 weeks on a Monday, but please take note of the time variance.

- Monday 2 September: 9.30-11.10am
 - Monday 9 September: 12.00-1.45pm
 - Monday 16 September: 9.30-11.10am
 - Monday 23 September: 12.00-1.45pm
- In addition to this, CatholicCare will be holding an information session on Aged Care and how to get into the My Aged Care system, along with keeping your mind fit, on Monday 2 September after the first session, from 12pm-1.30pm. Be sure to ask about this when registering. Please call Jane Hollier on 0417 018 152 or email jane@atholiccare.dow.org.au

INSTITUTED MINISTRIES FORMATION

Sr Monica Barlow is running formation sessions for anyone interested in exploring the possibility of becoming an Instituted Lector or Acolyte. These ministries are open to both men and women. The sessions will be held at:

- * **Eagle Vale:** Mary Immaculate Parish, 61 Emerald Drive – Monday evenings, 12 and 26 August from 7:30pm- 9:30pm
- * **Kiama:** Ss Peter and Paul Parish Hall, 96 Manning Street, Saturday mornings, 7 and 14 September from 10:30am – 12:30pm.

Attendance at the second session is dependent on having attended the first session. It is not a repeat of the first session.

Register for the first of these formation sessions using the following links:

Eagle Vale: dow.sh/imf24eaglevale

Kiama: dow.sh/imf24kiama

CHARISMATIC HEALING MASS

Friday, 9 August 2024, Sacred Heart Chapel, Stewart St, Wollongong.
7:00pm Praise and Worship
7:30pm Holy Mass

A warm invitation is extended to all prayer groups, Alpha graduates, Cursillo, Couples for Christ, Disciples of Jesus, and all members of the public who would like

to join us in charismatic praise for our Bishop's Vision for the Wollongong Diocese, followed by Holy Mass celebrated by Fr Paul Clark. There will also be an opportunity for individual healing prayer after Mass and cuppa.

COFFEE & DESSERT DATE NIGHTS

Kiama Baptist Church is hosting two 'date nights' designed to enhance couple growth. With highly acclaimed guest speakers from America, Brenda and Gil Stuart. We warmly invite couples to join us in this great opportunity to take time out to invest in their marriages.

* **Keeping Romance Alive While Juggling Life:** Wednesday, 18 September, 6:30-9:00pm, Kiama Baptist Church. Being Intentional in our Marriage. Creating space for Friendship and Fun.

* **Blended Families 101:** Thursday, 19 September: 6:30-9:00pm, Kiama Baptist Church. Understanding the joy, challenges, stress, and wins that come with a blended family. Myths of Blended Families

PRICING: One evening: \$30/couple. Both evenings: \$ 50/couple. **RSVP by 9/9/24** Register online at:

<https://kiamabaptistchurch.churchcenter.com/registrations/events/2261138>

CATECHIST RETREAT 2024

9:30am – 2:30pm

All who support the Catechist ministry, including SRE Teachers, Helpers, Prayer Partners, and Spouses are invited to attend what will be an excellent Catechist Retreat, Known and Loved. Facilitated by Katherine Stone MGL, the retreat will help us to gain a greater understanding of who Jesus is and who we are in the light of Jesus. The retreat will include Mass, reflections, prayer, and friendly discussion. Morning Tea will be provided, but please BYO lunch. There are two options to attend the retreat:

* **Macarthur-Highlands Retreat:** Friday 20 September, Our Lady Help of Christians Catholic Church, 80 Demetrius Rd, Rosemeadow

* **Illawarra-Shoalhaven Retreat:** Monday 23 September, St Mary Star of the Sea Church, 166 Fern St, Gerringong **Registration is essential. Please register:** dow.sh/knownloved2024

For more information please email support@ccdwoollongong.com

18TH SUNDAY IN ORDINARY TIME - YEAR B

4 AUGUST 2024

FIRST READING

Exodus 16:2-4, 12-15

I will rain bread from heaven upon you.

The whole community of the sons of Israel began to complain against Moses and Aaron in the wilderness and said to them, 'Why did we not die at the Lord's hand in the land of Egypt, when we were able to sit down to pans of meat and could eat bread to our hearts content! As it is, you have brought us to this wilderness to starve this whole company to death!'

Then the Lord said to Moses, 'Now I will rain down bread for you from the heavens. Each day the people are to go out and gather the day's portion; I propose to test them this way to see whether they will follow my law or not.' 'I have heard the complaints of the sons of Israel. Say this to them, "Between the two evenings you shall eat meat, and in the morning you shall have bread to your hearts content. Then you will learn that I, the Lord, am your God.'" And so it came about: quails flew up in the evening, and they covered the camp; in the morning there was a coating of dew all round the camp. When the coating of dew lifted, there on the surface of the desert was a thing delicate, powdery, as fine as hoarfrost on the ground. When they saw this, the sons of Israel said to one another, 'What is that?' not knowing what it was. 'That' said Moses to them 'is the bread the Lord gives you to eat.'

The word of the Lord.

RESPONSORIAL PSALM

Ps 77:3-4, 23-25, 54. R. v.24

(R.) The Lord gave them bread from heaven.

1. The things we have heard and understood, the things our fathers have told us, we will tell to the next generation: the glories of the Lord and his might. **(R.)**

2. He commanded the clouds above and opened the gates of heaven.

He rained down manna for their food, and gave them bread from heaven. **(R.)**

3. Mere men ate the bread of angels. He sent them abundance of food. He brought them to his holy land, to the mountain which his right hand had won. **(R.)**

SECOND READING

Ephesians 4:17, 20-24

Put on the new person that has been created in God's image.

I want to urge you in the name of the Lord, not to go on living the aimless kind of life that pagans live. Now that is hardly the way you have learnt from Christ, unless you failed to hear him properly when you were taught what the truth is in Jesus. You must give up your old way of life; you must put aside your old self, which gets corrupted by following illusory desires. Your mind must be renewed by a spiritual revolution so that you can put on the new self that has been created in God's way, in the goodness and holiness of the truth.

The word of the Lord.

GOSPEL ACCLAMATION

Matthew 4:4

Alleluia, alleluia!

No one lives on bread alone, but on every word that comes from the mouth of God.

Alleluia!

GOSPEL

John 6:24-35

Whoever comes to me will never be hungry; whoever believes in me will never thirst.

When the people saw that neither Jesus nor his disciples were there, they got into boats and crossed to Capernaum to look for Jesus. When they found him on the other side, they said to him, 'Rabbi, when did you come here?' Jesus answered:

'I tell you most solemnly, you are not looking for me because you have seen the signs but because you had all the bread you wanted to eat.

Do not work for food that cannot last, but work for food that endures to eternal life,

the kind of food the Son of Man is offering you,

for on him the Father, God himself, has set his seal.'

Then they said to him, 'What must we do if we are to do the works that God wants?' Jesus gave them this answer, 'This is working for God: you must believe in the one he has sent.' So they said, 'What sign will you give to show us that we should believe in you? What work will you do? Our fathers had manna to eat in the desert; as scripture says: He gave them bread from heaven to eat.'

Jesus answered: 'I tell you most solemnly, it was not Moses who gave you bread from heaven, it is my Father who gives you the bread from heaven, the true bread; for the bread of God is that which comes down from heaven and gives life to the world.'

'Sir,' they said 'give us that bread always.'

Jesus answered: 'I am the bread of life. He who comes to me will never be hungry; he who believes in me will never thirst.'

The Gospel of the Lord.

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READINGS – 11 AUGUST

19th Sunday in Ordinary Time – Year B/2

1ST READING: 1 Kg 19:4-8

PSALM: Ps 33:2-9 (R.) *Taste and see the goodness of the Lord.*

2ND READING: Eph 4:30 - 5:2

GOSPEL: Jn 6:41-51